

AQUAMOVES *LES MILLS* LAUNCHES **Q1**



**SATURDAY 15 - FRIDAY 21
MARCH 2025**

Attend a launch class for your chance to **WIN** a one month membership



shepp.city/lesq1 🔍

Sat 15	Sun 16	Mon 17	Tue 18	Wed 19	Thu 20	Fri 21
7.15am RPM	10.00am Body Balance	5.30pm Body Pump + GRIT COMBO	5.30pm RPM	12.15 pm Sprint	5.30pm Body Pump + GRIT COMBO	5.30pm Body Combat
9.00am Body Pump		6.00pm Sprint	5.30pm Body Combat	5.30pm Body Pump	5.30pm RPM	
		6.30pm Body Balance				

www.aquamoves.com.au

Aquamoves is proudly provided by Greater Shepparton City Council.
Terms and conditions apply.

