

AQUAMOVES LES MILLS LAUNCHES



GET YOUR GOLD ON

BRING A FRIEND FOR FREE PASS

Aquamoves Members - bring your friends for free to any of the classes listed on the timetable below!*

Sat 22	Sun 23	Mon 24	Tue 25	Wed 26	Thu 27	Fri 28
7.15am RPM	10.00am Body Balance	5.30pm GRIT	5.30pm RPM	5.30pm Body Pump	5.30pm Body Pump + GRIT COMBO	5.30pm BodyCombat
9.00am Body Pump			5.30pm BodyCombat		6.30pm Body Balance	
			6.30pm Les Mills Dance			