

Swim School Newsletter

Want to keep up-to-date more regularly?

See Customer Service to ensure we have your correct email address.

Thanks for being part of our swimming program!

Thank you for participating in our Term Two swimming lessons. It's hard to believe we are halfway through the term already! We hope everyone is enjoying their lessons and progressing well.

A reminder to all those intending to pay upfront for next term's swimming lessons; Re-enrolments for Term Three will be made available from Monday 20 June 2016. Don't forget lesson times are allocated on a first in best dressed basis. If you wish to secure your place prior to this time, simply transfer to our EasyPay direct debit membership before the end of term.

The boys in blue: We can't remember the last time we had this many male swimming instructors. They're a pretty friendly looking bunch don't you think?

Pictured left to right is Kalen, Nic, Brennan, David and John.



Express Lessons are back!

Our Express Lessons - Swim School Holiday Program returns for the next school holidays and you can register your interest now.

Choose from either a one or two week program to help fast track your child's progress by ensuring they continue to develop in the water throughout the school break.

Program One : Monday 27 June - Friday 1 July 2016
Cost: \$67.75

Program Two: Monday 4 July - Friday 8 July 2016
Cost: \$67.75

Program Three: Monday 27 June - Friday 8 July 2016
Cost: \$135.50



REGISTER YOUR INTEREST
with Customer Service
or Aquatic HQ to get involved!

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Taking your child's swimming ability to the next level

Not sure of the options available to your child once they have reached a competent level of swimming? Aquamoves Swim School can offer alternative pathways.

Stroke development with a focus on water safety

This path will see your child move through the higher Swim and Survive levels which combine fun and fitness with the development of lifesaving skills and rescue techniques. Your child may then like to join the Aquamoves Junior Lifeguard Club which offers a social and fun environment for kids who love the water and wish to learn more about life saving.



Stroke development with the aim of transitioning to competitive swimming

Our Transition and Squad (Low/High) classes offer a great platform for your child to develop their stroke technique and fitness while providing them with the opportunity of transitioning to the Shepparton Swimming Club. The club offers training sessions and development activities that assist members to improve swimming stroke technique and fitness for the purpose of achieving their goals in competitive swimming.

If you would like more information about the most suitable option for your child, don't hesitate to come and see us at Aquatic HQ.

What to do when your child is unwell

Please be aware that if your child is suffering from an illness or contagious condition then they may not be fit to attend swimming lessons. We can provide you with a credit for any lessons missed due to sickness or injury when a medical certificate is supplied. So remember if they're too sick for school, don't bring them to the pool.



Adult Swimming Classes

We currently have a variety of lessons available for adults, with swimming levels catering for the complete beginner right through to those seeking high intensity and triathlon training.

Whether you are someone who is learning the basics of swimming for the very first time, a competent swimmer who wants to improve their stroke technique and fitness or an athlete who needs extra training to gain a competitive edge, you'll find a class to suit your needs.

Simply speak with Aquatic HQ today to find out more.

